The Myelodysplastic Syndromes: Challenges and Strategies for Effective Outpatient Management

May 3, 2012
12 pm to 1:30 pm

Hilton New Orleans Riverside Hotel
Grand Ballroom A
New Orleans, Louisiana

Lunch will be served.
The first 350 people will be accommodated.
LEARNING OBJECTIVES

Upon completion of this program, participants should be better able to:

- Correlate diagnostic findings and patient specific factors as they relate to risk stratification, treatment selection and prognosis in MDS.
- Operationalize strategies to identify treatment triggers, facilitate treatment initiation, proactively identify and manage treatment related adverse events.
- Identify best practice models for outpatient management of the older adult with MDS including supportive care strategies.
- Discuss the patient and family perspective relative to living with MDS and developing systems for active participation and support.

FACULTY

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Malignant Hematology Nurse Practitioner
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ACCREDITATION

The Foundation for Care Management is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.


Meeting space has been assigned to provide a satellite symposium co-sponsored by The Myelodysplastic Syndromes Foundation and the Foundation for Care Management via an educational grant during the Oncology Nursing Society’s (ONS) 37th Annual Congress, May 3–6, 2012 in New Orleans, Louisiana. The Oncology Nursing Society’s assignment of meeting space does not imply product endorsement nor does the Oncology Nursing Society assume any responsibility for the educational content of the symposium.
## AGENDA

### The Myelodysplastic Syndromes: Challenges and Strategies for Effective Outpatient Management

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<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>12:00–12:05 pm</td>
<td>Welcome and Introduction</td>
<td>Sandra E. Kurtin, RN, MS, AOCN, ANP-C</td>
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<tr>
<td>12:05–12:25 pm</td>
<td>Scientific Update: Recent Advances in Strategies for the Treatment of MDS — From Prognosis to Treatment Selection</td>
<td>Jean A Ridgeway, MSN, APN, NP-C, AOCN</td>
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<tr>
<td>12:25–12:45 pm</td>
<td>Setting Expectations for the Initial Treatment of MDS: Practical Tools for Effective Management</td>
<td>Sandra E. Kurtin, RN, MS, AOCN, ANP-C</td>
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<td>12:45–1:00 pm</td>
<td>Patient and Family Support Throughout the Continuum of Care</td>
<td>Jayshree Shah, APN-C, MSN, RN, BSN, BS</td>
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<tr>
<td>1:00–1:15 pm</td>
<td>Navigating the Web for MDS: Web-based Resources for Patients and Nurses</td>
<td>Sara M. Tinsley, ARNP, AOCN</td>
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<tr>
<td>1:15–1:30 pm</td>
<td>Summary and Discussion (Q&amp;A)</td>
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**VISIT THE MDS FOUNDATION BOOTH: #839**
Myelodysplastic Syndromes (MDS) are most common in adults over the age of 70 years. They represent a heterogeneous group of myeloid malignancies with variable disease trajectory and prognosis. A number of recent advances in understanding the pathobiology of MDS, risk-adapted treatment selection, and strategies for effective management of patients receiving disease-modifying therapies or supportive care have improved survival for the patient with MDS. However, many patients are not offered disease modifying therapy due to their age, a continued lack of understanding of the MDS disease trajectory, or fear of toxicity. MDS in the older adult continues to be approached with great caution.

Understanding the pathophysiology of the disease, risk-adapted treatment selection, triggers for active therapies, and strategies for managing anticipated disease and treatment related adverse events will provide the oncology nursing professional with the tools to assist patients and their families in meeting the challenge of living with MDS. Providing the best support possible requires an appreciation of the true experience of the patient and family. A summary of patient and family experiences, and identified needs for education and support, will provide the tools needed by the oncology nurse to support this patient population.

The International Nurse Leadership Board for the MDS Foundation will introduce a supplement to the Clinical Journal of Oncology Nursing which incorporates an update on the science of MDS, practical tools for clinical management of MDS including iron overload, a discussion of quality of life in the patient living with MDS, and a review of strategies and resources for support.

**PROGRAM INFORMATION**

**PRE-REGISTRATION**

http://www.cme-university.org/ONS

*Does not guarantee admission—please arrive early.*

This program is sponsored by The MDS Foundation, Inc. and the Foundation for Care Management. The Foundation appreciates the ongoing support of Celgene and Onconova.