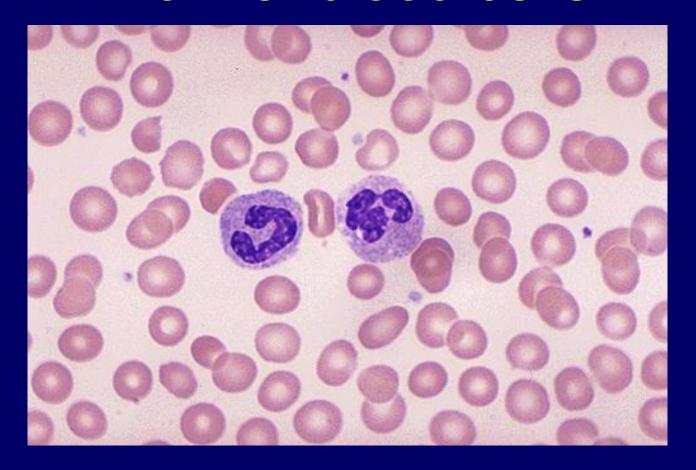
### What is Myelodysplastic Syndrome?



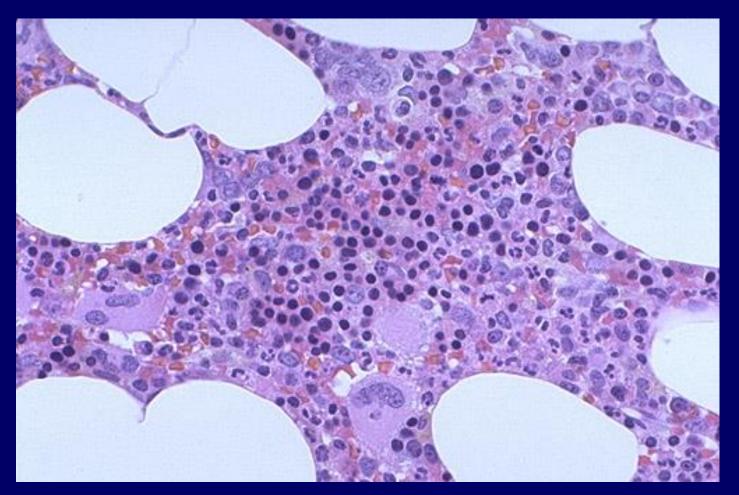
Maria R. Baer, M.D.
University of Maryland
Greenebaum Comprehensive Cancer Center

## Normal blood cells



- Red blood cells
- White blood cells
- Platelets

#### Normal bone marrow



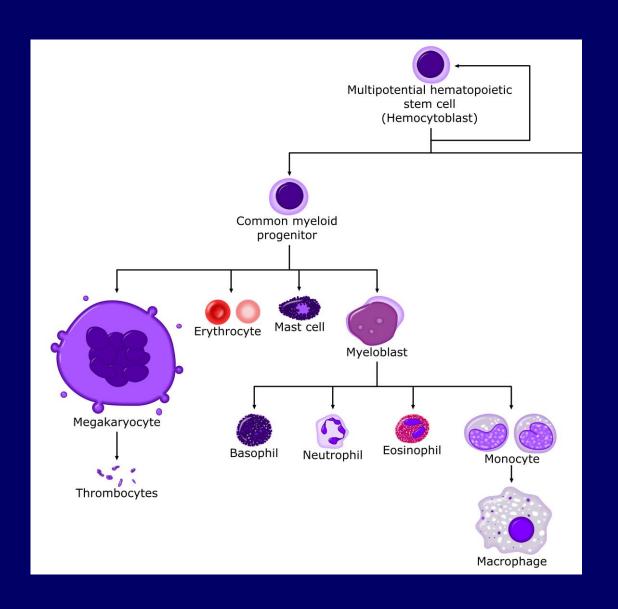
- Red cell precursors
- White cell precursors
- Platelet precursors (megakaryocytes)

#### Myelodysplastic syndrome definition

"Clonal bone marrow stem cell disorder characterized by ineffective blood cell production"

- Clonal Arises in a single stem cell in the bone marrow.
- Ineffective blood cell production Blood precursor cells are present in the bone marrow, but do not produce normal numbers of blood cells.
- Myelodysplastic Bone marrow cells have an abnormal appearance.

## Bone marrow stem cells



### Myelodysplastic syndrome findings

#### One or more low blood count(s)

- Low red blood cell count/hemoglobin/hematocrit (anemia) in 85%
- Low white count cell count (neutropenia) in 50%
- Low platelet count (thrombocytopenia) in 60%

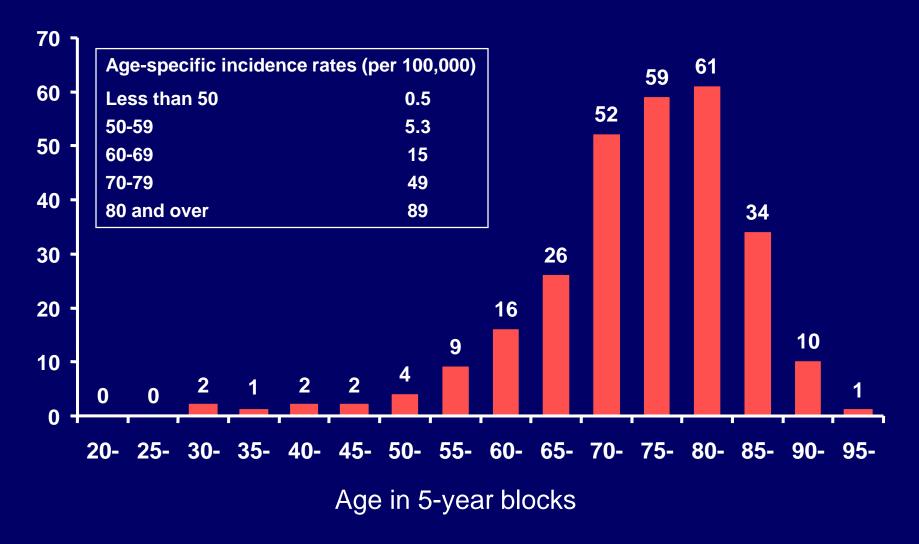
#### Myelodysplastic syndrome presentation

- Discovered after a blood count is drawn due to symptoms, including:
  - Fatigue, weakness, shortness of breath (anemia)
  - Infections (neutropenia)
  - Bleeding, petechiae, bruising (thrombocytopenia)
- Discovered incidentally

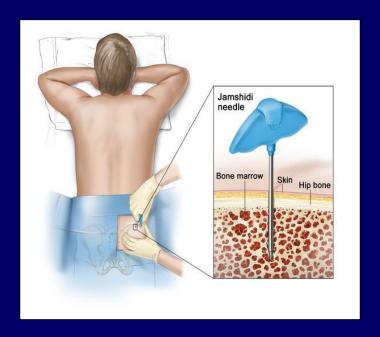
## Myelodysplastic syndrome statistics

- 20,000 30,000 estimated new cases each year in the United States
- Average age 76 years
- Male > female: 4.5 vs. 2.7/100,000/year
- Acute leukemia (>20% blasts in the bone marrow) develops in 25%
- Risk factors: age, chemicals, chemotherapy, radiation, tobacco, genetic abnormalities

## Age-related incidence of MDS



#### Bone marrow aspirate and biopsy



#### **Aspirate**

- Morphology (appearance of cells under the microscope)
- Cytogenetics (chromosome analysis)
- Molecular (mutation analysis)

#### **Biopsy**

- Cellularity (amount of cells in the bone marrow)

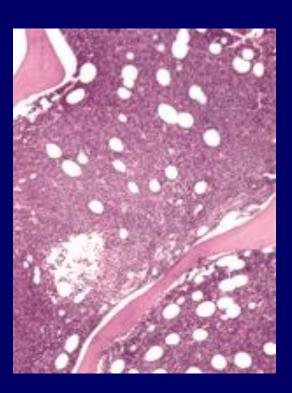
#### Myelodysplastic syndrome diagnosis

- Adequate numbers of cells ("cellularity") are present in the bone marrow.
- Red cell, white cell and platelet precursors (megakaryocytes) are present in the bone marrow.
- Bone marrow cells have an abnormal appearance ("dysplasia").

## Bone marrow cellularity





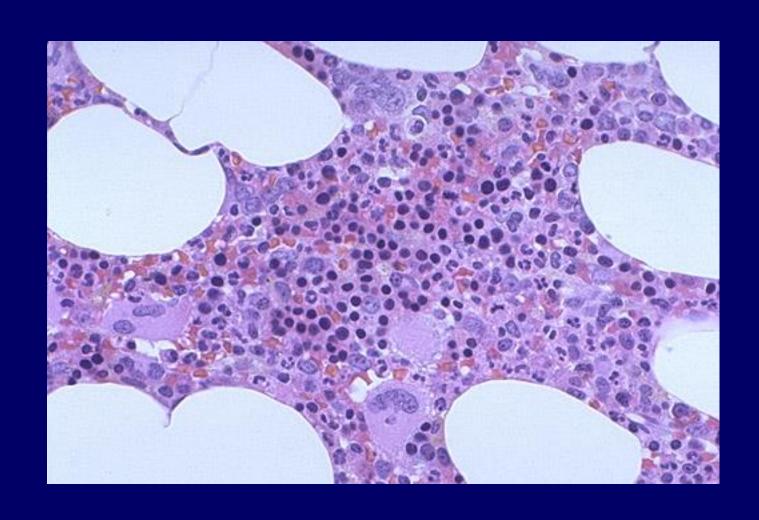


Decreased

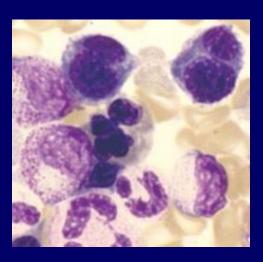
Normal

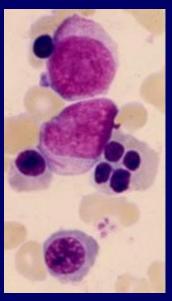
Increased

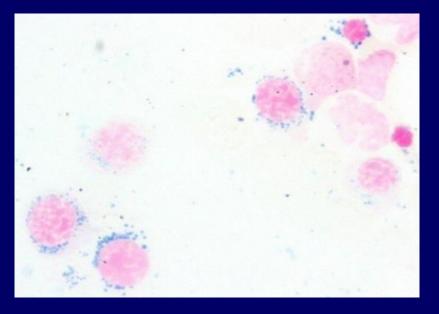
# Red cell, white cell and platelet precursors (megakaryocytes) are present

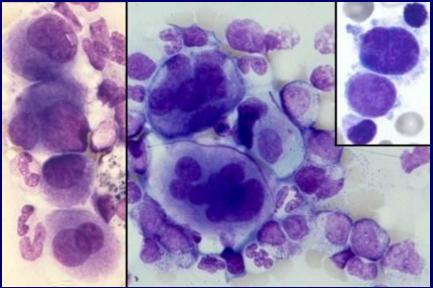


# Dysplasia



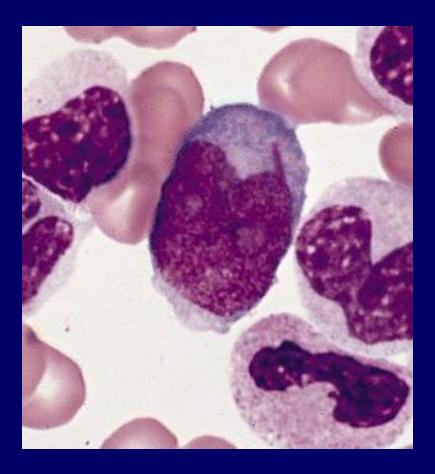






- Red cell precursors
- White cell precursors
- Megakaryocytes

## Myeloblasts

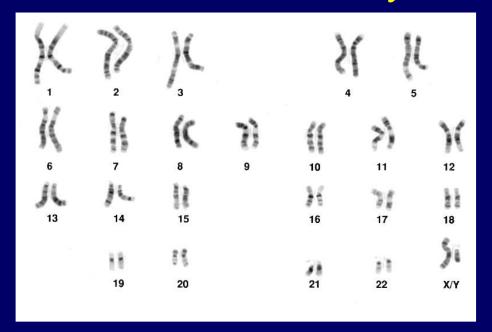


Normal bone marrow - <5% MDS - <20% Acute myeloid leukemia (AML) - ≥20%

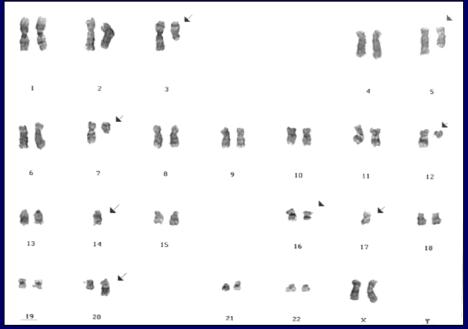
# Evaluate for other causes of low blood counts and/or dysplasia

- Medications
- Vitamin B12 deficiency
- Nutrition
- Autoimmune
- Infections
- Enlarged spleen
- Alcohol
- Chemotherapy
- etc... etc... etc...

#### Chromosome analysis



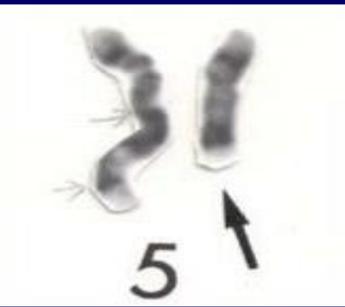
Normal



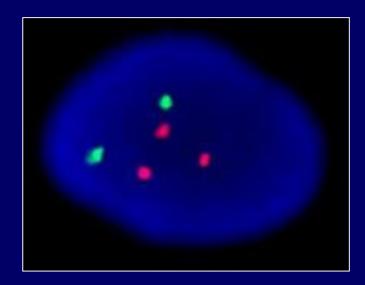
**Abnormal** 

#### Fluorescence in situ hybridization (MDS FISH)



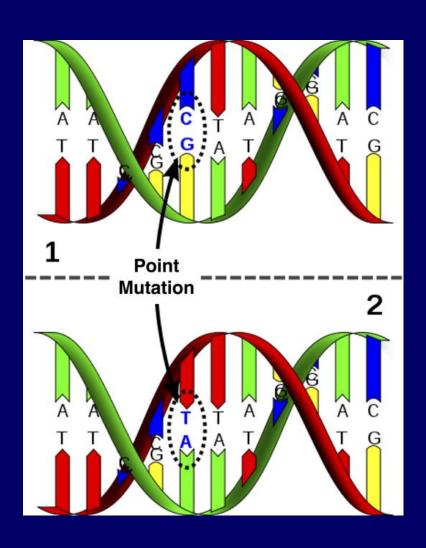


del(5q)



+8

## Mutations



### Myelodysplastic syndrome mutations

Chromatin modification		Transcripton regulation	
ASXL1 EZH2	14-29% 6-8%	RUNX1 BcoR ETV6	9-16% 4% 1.3-3%
DNA methylation TET2 DNMT3A IDH2 IDH1	12-23% 13-18% 2-9% 2-4%	RNA splicing SF3B1 U2AF1/U2AF35 SRSF2 ZRSR2	9-75% 12-16% 12-15% 3-11%
DNA repair TP53  Cohesin complex STAG2	2-21% 6-8%	Signal transduction NRAS JAK2 CBL	3-4% 3% 2%

## MDS Prognosis

 Number of low blood counts (hemoglobin <10, neutrophils <1800, platelets <100,000)</li>

Percentage of bone marrow blasts

Chromosome abnormalities

(Mutations)