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ISRAEL SOCIETY OF HEMATOLOGY AND BLOOD TRANSFUSION

Approach to the Patient with MDS Refractory to Hypomethylating Agents(HMA)

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- 74 year old man, full time working in family restaurant business
- <u>PMH</u>: Obesity, Hypertension, Diabetes, IHD S/P PTCA + stenting X 2 two years ago
- Progressive anemia and fatigue, required 2 units of PRBCs in last 2 months but remained active, walking daily and has good social support
- <u>CBC</u>: Hgb 8.6g/dL, MCV 100, WBC 9.88 K/ul, ANC 5.24 K/ul, PLT 169 K/ul, Blasts- 1%
- LDH 526 (230-480 U/L); normal ferritin, B12 and folate levels

Bone marrow: Cellularity 60%, Trilineage dysplasia, blasts-12%: WHO 2016- MDS-EB-2

Cytogenetics: 46,XY, t(1;12)(p36;p13), inv(12)(p13q15)[15]

International Prognostic Scoring System (IPSS):most widely used prognostic system

Variable	Score					
Variable	0	0.5	1.0	1.5	2.0	
Bone marrow blasts (percent)	<5	5 to 10	5	11-20	21 to 30	
Karyotype*	Good	Intermediate	Poor		-	
Cytopenias [.]	0-1	2/3			-	

Risk group	IPSS score	Median Survival (years) without therapy		
Low	0	5.7		
Intermediate-1	0.5 to 1.0	3.5		
Intermediate-2	1.5-2.0	1.2		
High	2.5 to 3.5	0.4		

Greenberg et al. Blood 1997;89(6):2079-88.

* Karytope definitions:

Good: Normal;-Y; del (5q); del (20q) Poor: Complex (≥3 abnormalities); abnormal chromosome 7 Intermediate: All others

Cytopenia definitions:

Red blood cells: Hemoglobin <10 g/dL (100 g/L)

White blood cells: Absolute neutrophil count <1800/microL

Platelets: Platelet count <100,000/microL

Revising International Prognostic Scoring System(IPSS-R)

Prognostic 0 variable		0.5	1.0	1.5	2.0	3.0	4.0		
Cytogeneti	Cytogenetics Very good		-	Good	-	Intermediate	Poor	Very Poor	
Blast BM%	6	≤2	>2-<5	-	- 5-10		>10	-	
Hb		≥10	-	8-10	<8	<8 -		-	
Platelets		≥100	50-<10	0 ≤50	Risk Category				
Neutrophils ≥0.8		≥0.8	<0.8	-	Ň	Very low		≤1.5	
Table 3: IPSS-R – survival related to age						Low		>1.5-3.0	
Age groups, y	Very lo		Inter- mediate	High Very high					
All	8.8		3.0	1.6 0.8	Inte	Intermediate		>3.0-4.5	
≤60	N	R 8.8	5.2	2.1 0.9					
>60-70	10.	.2 6.1	3.3	1.6 0.8		High			
>70-80	70-80 7.0		2.7	1.5 0.7		High		>4.5.6.0	
>80	5.:	2 3.2	1.8	1.5 0.7					
Survival (Median, years) www.ipss-r.com/ Greenberg P et al., Blood, 2012					Very High		>6		

www.ipss-r.com/

Greenberg P et al., Blood, 2012

After 6 cycles of 5-AZA

- <u>CBC</u>: Hgb 8.8 g/dL, WBC 10.6K/ul ANC 5.9K/ul, PLT 152K/ul
 Peripheral blood smear- 6% blasts
- <u>BM:</u> Cellularity 90%, **Blasts-20%**

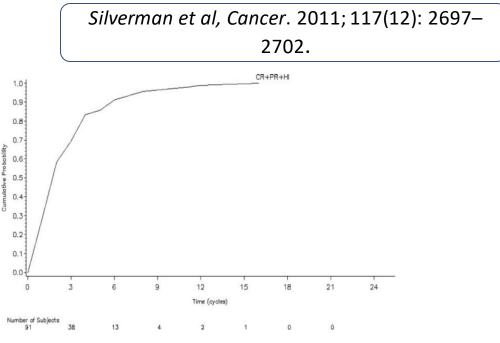


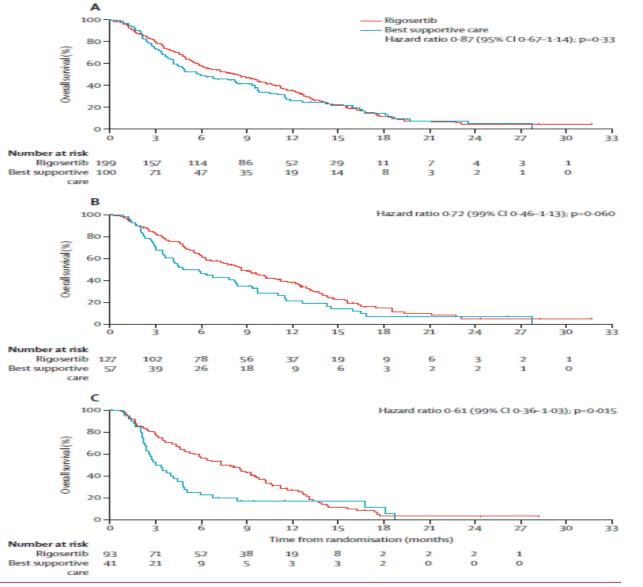
Figure 1.

Time to first response (complete response [CR], partial response [PR], or hematological improvement [HI]) in patients who achieved a response during treatment with azacitidine is shown.

 Cytogenetics: 46,XY,t(1;12)(p36;p13),inv(12)(p13q15)[9]46,idem,t(13;17)(q14;q21)[6] del7[3]

Patient with MDS and Complex Karyotype, refractory to HMA with increased blasts. Still with good performance status

Our second line treatment after HMA failure: Clinical trial (Rigosertib)



8 week on Rigosertib - Progressive disease

IDH1/IDH2/FLT3 ITD--WT

FLT3 TKD- mutated

erall survival curves for the rigosertib group and best supportive care group (A) For the intention- to-treat population, (B) patients with primary hypomethylating drug failure, and (C) patient with IPSS-R very high risk. IPSS-R=Revised International Prognostic Scoring System.

Rigosertib versus best supportive care for patients with high-risk myelodysplastic syndromes after failure of hypomethylating drugs (ONTIME): a randomised, controlled, phase 3 trial

Garcia-Manero G et al. Lancet Oncol. 2016

- Q: What is your optimal treatment strategy in 2020 for High risk MDS primary refractory to HMA?
- **1.** Clinical trial
- 2. Intensive chemotherapy followed by hematopoietic stem cell transplantation

3. Venetoclax ± HMA (other HMA?)

- 4. Targeting therapy: IDH1/IDH2 or FLT3 inhibitors if mutated (not approved in Israel for this indication)
- 5. Best supportive care